

Medications That Can Block Skin Test Results

If using any medication on this list, **STOP 5 days** prior to skin testing
Please Note: Most cough, cold, allergy, flu, and sleep aids will block allergy testing

| Generic Name | Brand Name(s) |
|-------------------------------|--|
| Oral Antihistamines | |
| Cetirizine | Zyrtec , Zyrtec-D, Aller-Relief |
| Desloratadine | Clarinex and Clarinex-D |
| Fexofenadine | Allegra and Allegra-D |
| Levocetirizine | Xyzal |
| Loratadine | Claritin , Alavert , and Tavist ND |
| Diphenhydramine | Benadryl , Actified Sinus Day, Banophren, Dephedryl, Diphen, Dytan, and many others |
| Hydroxyzine | Vistaril , Atarax , and Rezine |
| Dexchlorpheniramine | Polaramine |
| Cyproheptadine | Periactin |
| Chlorpheniramine | Aller-Chor, C.P.M., Chlor-Amine, Chlor-Al Relief, Chlor-Mal, Chlor-Phenit, Chlor-Trimeton , Chlorphen, Effidac-24, and Ridraman |
| Clemastine | Allerhist-1, Contac 12-Hour Allergy, Tavist |
| Carbinoxamine | Palgic, Palgic-DS, Rondec, Rondec-TR, and Andehist-NR, Karbinal ER , RyVent |
| Brompheniramine | Bromphen and Bromphed PD |
| Azatadine | Optimine |
| Doxylamine | Nyquil |
| Nasal Sprays | |
| Azelastine | Astelin and Astepro nasal spray |
| Azelastine/Fluticasone | Dymista |
| Olopatadine | Patanase nasal spray |
| Eye Drops | |
| Alcaftadine | Lastacaft |
| Azelastine | Optivar |
| Olopatadine | Pataday , Pazeo , Patanol |
| Bepotastine | Bepreve |
| Epinastine | Elestat |
| Ketotifen | Zaditor , Alaway |

| Generic Name | Brand Name(s) |
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| Sleep Aids | |
| Diphenhydramine | Calm-Aid, Compoz Nighttime Sleep Aid, Nytol , Sominex, Twilite, Tylenol PM , Advil Pm , Aleve PM , Unisom sleepgels, Zzzquil |
| Trazadone | Desyrel , Oleptro |
| Anti-Nausea (anti-vomiting) | |
| Meclizine | Antivert |
| Promethazine | Phenergan |
| Prochlorperazine | Compazine |
| Antacids (indigestion) | |
| Ranitidine | Zantac |
| Famotidine | Pepcid |
| Cimetidine | Tagamet |
| Nizatidine | Axid |
| Herbal Supplements | |
| Licorice, Green Tea, Saw Palmetto, St. John's Wort , and Feverfew. | |
| *Anti-Depressants* | |
| Amitriptyline | Elavil |
| Doxepin | Sinequan |
| Desipramine | Nurpramin |
| Nortriptyline | Aventyl |
| Trazadone | Desyrel |
| Imipramine | Tofranil |
| Protriptyline | Pamelor or Vivactil |
| Mirtazapine | Remeron |
| Nefazadone | Serzone |
| Clomipramine, Trimipramine, amoxapine, and maprotiline | |
| *If you have any concerns about stopping your anti-depressant, or other medications on this list, please continue your medications and discuss with the doctor at your appointment. | |